



# The Profitable Forex Trading Strategy Guide

Are You Ready  
to Build a Stronger  
Financial Future?

March 2025



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# Trading Profitably Doesn't Have to Be Difficult

Hi [First Name],

Imagine waking up every day knowing you've built a business that works for YOU. No more 9-to-5 grind, no more financial stress—just the freedom to enjoy life on your terms.

At **The Trading Coach International**, we've helped hundreds of people like you turn their dreams of financial independence into reality. And the best part? You can do it in just **8–10 hours a week** over **12–24 months**.

**This guide is your first step.** Inside, you'll discover:

- ✅ The proven roadmap to building a consistent trading income.
- ✅ How to avoid common pitfalls and trading scams.
- ✅ What it takes to qualify as a Pro Trader and unlock life-changing opportunities.

👉 **Ready to take action?** Book your **FREE** strategy call today:



# Why LIFT Works

For over 7 years, we've been guiding everyday Australians toward forex trading success.

## What makes LIFT different?

- **Personalised Coaching:** We tailor the program to your unique challenges and goals.
- **Proven Systems:** Designed for people with no “natural talent” for trading.
- **Supportive Team:** You're never alone—we succeed together.

With LIFT, your focus is to develop the skills, mindset, and strategies to create a **profitable, sustainable business** from trading.

## Redefining Retirement in the 21st Century

Forget the old rules of retirement—it's no longer about age; it's about **achieving financial stability**.

More and more people in their 40s and 50s are realising they don't have to wait decades to enjoy life.

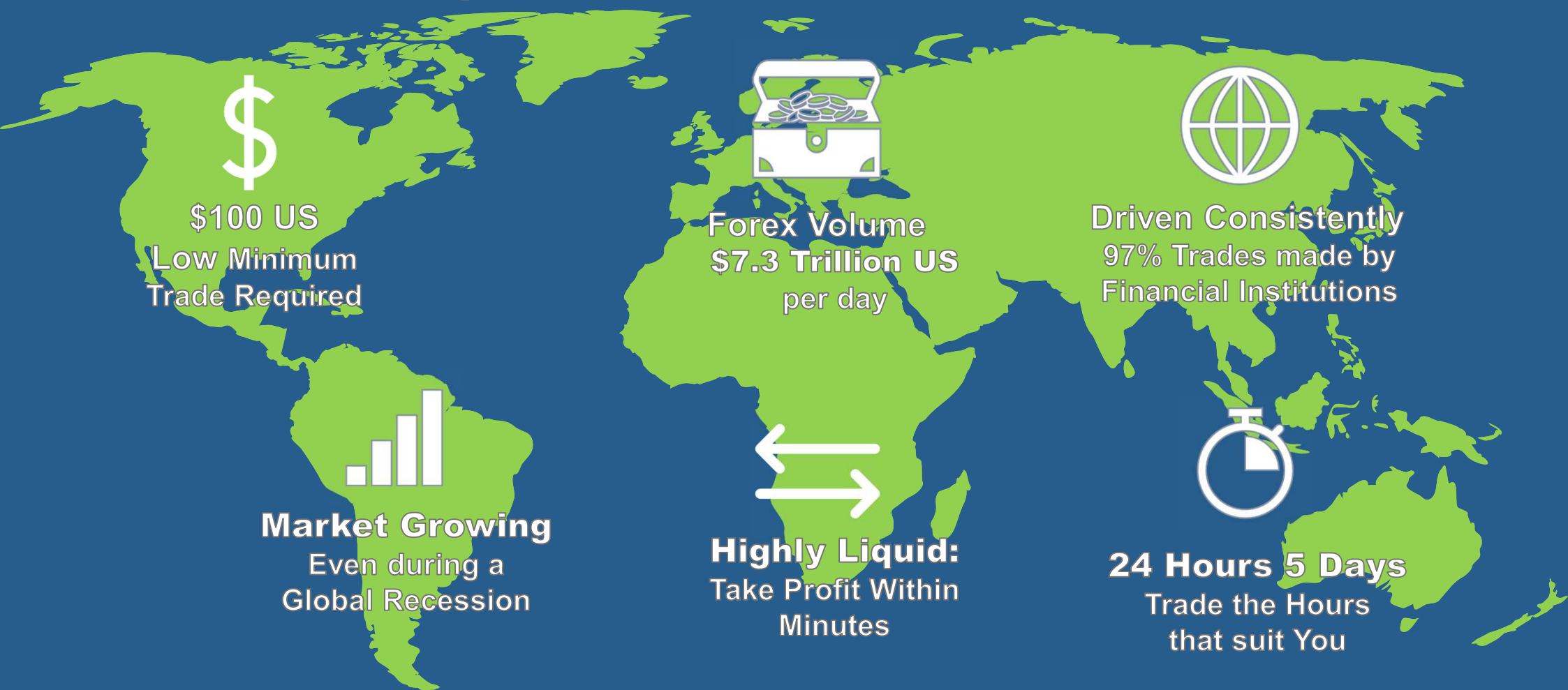
By building a secure financial foundation now, you can:

- **Fast-track your retirement.**
- Enjoy life while you're healthy.
- Create a legacy for your family.

If you're ready to invest your time over the next 24–48 months, **LIFT** can help you achieve the freedom you've been searching for.



# Forex Trading at a Glance



Forex Trading is a fast-growing home-based business opportunity.

The currency market **drives** the global economy. Even in uncertain economic conditions, you can Build an Income From Trading off the back of this highly profitable market.



# HOW Forex Trading Works

## Fundamental Analysis

Factors such as Employment, Manufacturing Interest Rates & Import / Export Ratio Affect the Strength of a Currency



Strong



Weak



Strong



Strong

= Stronger Currency

## Technical Analysis



## Traders Buy and Sell Currency Contracts With Each Other

The Values of Currencies Fluctuate every second based on Market Supply and Demand.

Traders Trade Contracts on One Currency Against the Value of another in a “**Currency Pair.**”

Traders then Buy and Sell Contracts Depending on Whether they think that value will Rise or Fall.

e.g. GBPUSD is 1 British Pound = ? US Dollars

Say, for example, the GBPUSD is \$1.2569

This means if you Buy the GBPUSD at \$1.2569 and you Sell at \$1.2579, you’ve made a 10 pip profit.

## Exchanging

On a Small Scale, you may have traded already when you travelled overseas and waited until the AUD moved up to get more local currency to spend.



## Trading

On an Investing Scale, with Leverage, Traders make these trades with larger sums of money on a regular basis to make a profit on these regular price fluctuations.

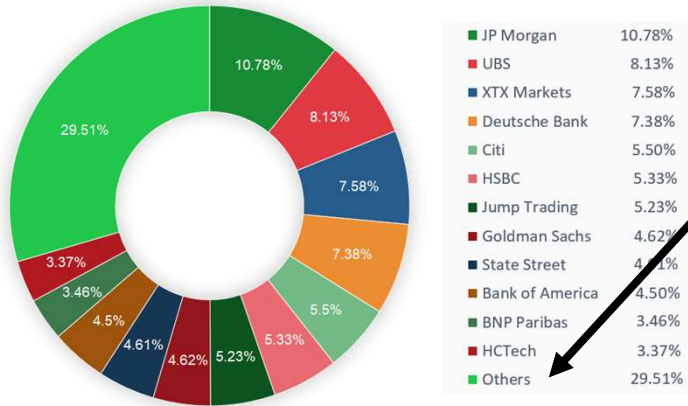


# Ever Get The Feeling They're Not Telling You Something?

## WHO Actually Makes Money Trading Forex?

Euromoney FX Survey

**\$7.3 Trillion US per day**



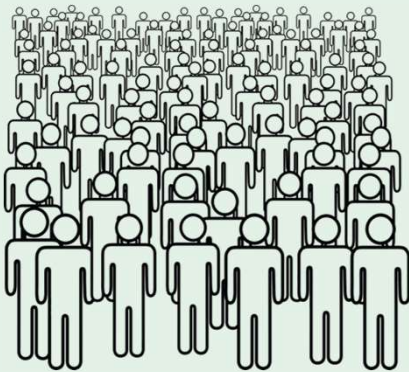
### Others

- Smaller Banks – CBA NAB etc.
- Private Hedge Funds
- Superannuation Funds
- Retail Brokers for HNW Clients
- Private Traders like us

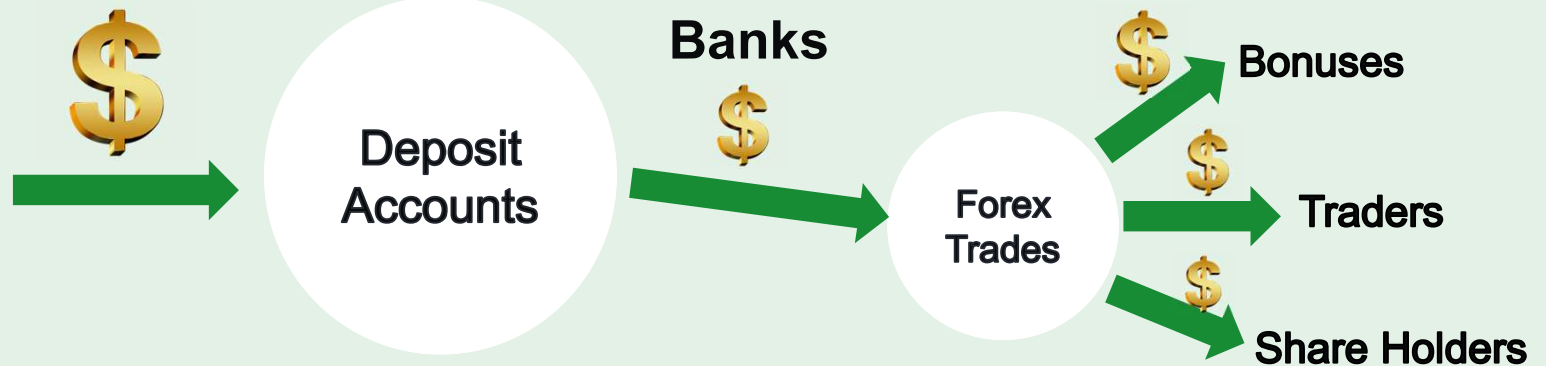
It's estimated that most Major Banks make up to **30%** of their Total Annual Income from Forex Trading.

**That's PROFIT they're making from Bank Customers' MONEY...**

**YOU: Bank Customers**



## HOW Do They Do It?



Your Money is Already Being Traded on the Forex Market....

Just **NOT** for **YOUR** Benefit

# The **FACTS** About Forex Trading Failure & Success

Approximately **300,000** Australians Trade (only 1.2% of the Population)

*Only around **50,000** Australians Trade **Forex** (0.2% of Pop.)*

Only **2 to 3%** of **All Traders** Worldwide are Profitable.. *In Forex it can be as high as **12%**.*

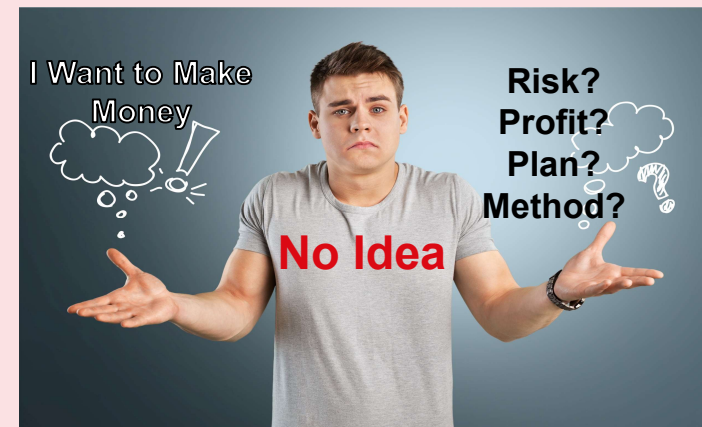
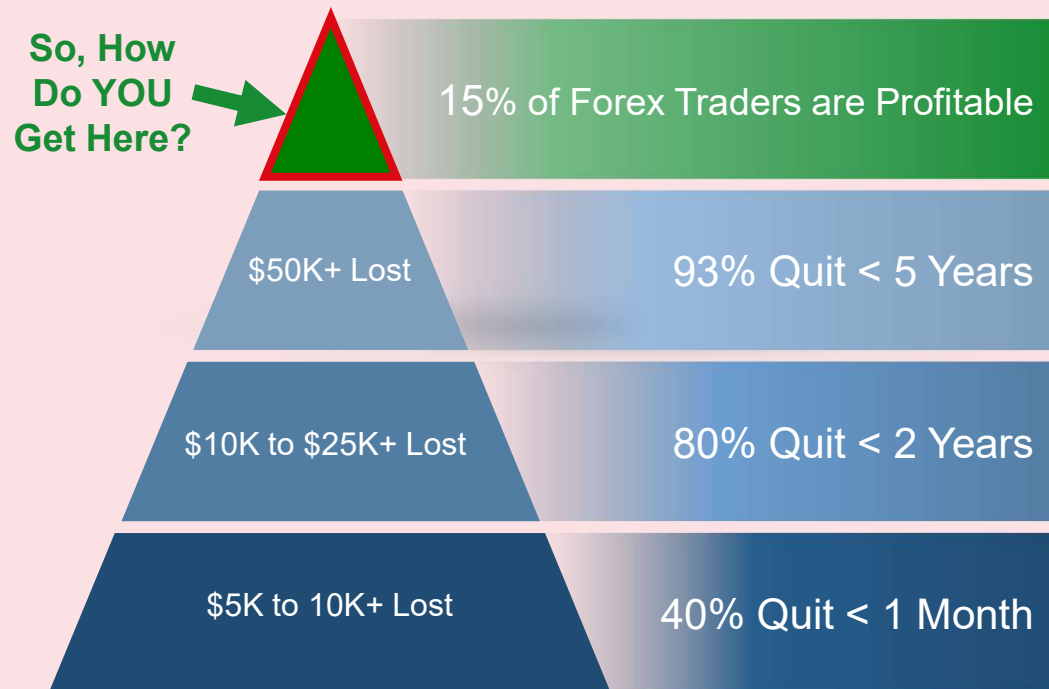
Unlike most of the world, 100:1+ Leveraged Trading in Australia is Available to “Pro Traders”.

There are trading volumes, a knowledge test & an income/asset tests to qualify for Pro Trader.

A “Lifestyle Income” for most Australian-based Traders **requires** access to Pro Trader leverage.

**LIFT Flex is a Guided Pro Trader Qualification Program to help you get more bang for your buck**

## Why Do So Few Retail Traders Reach Pro Trader Status?



### The **3 KEY REASONS** Why Most Traders Fail:

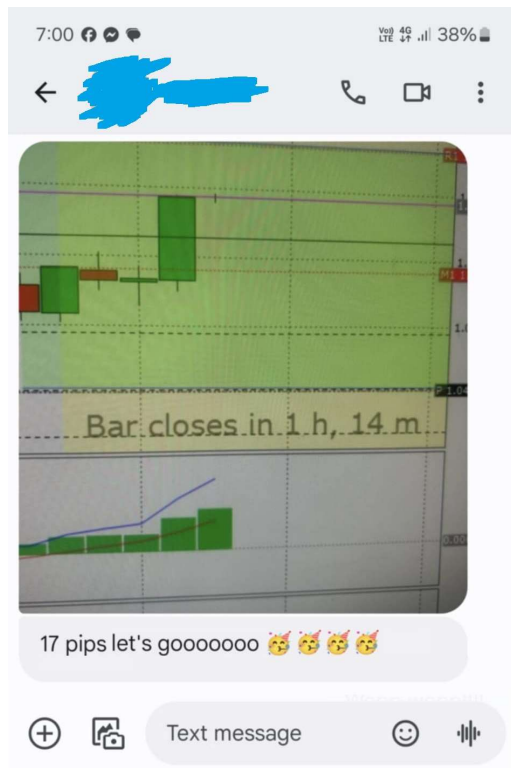
- No Clear, Reality-Based Focus or Plan
- A Knowledge Gap: MINDSET, TECHNICAL & BUSINESS
- No Accountability or Support Structures



# Some Recent LIFT Trader Results

Trades shown below are as submitted by LIFT Investor Traders.  
Only Personal Identification and Proprietary Strategies have been obscured.

Tuesday 4<sup>th</sup> March 2025



## PLEASE NOTE

These are some examples of  
Trades taken by LIFT Investor  
Traders using the LIFT Trading  
Method included in this program  
**This is not a guarantee of return.**

Tuesday 25<sup>th</sup> February 2025



Tuesday 11<sup>th</sup> February 2025

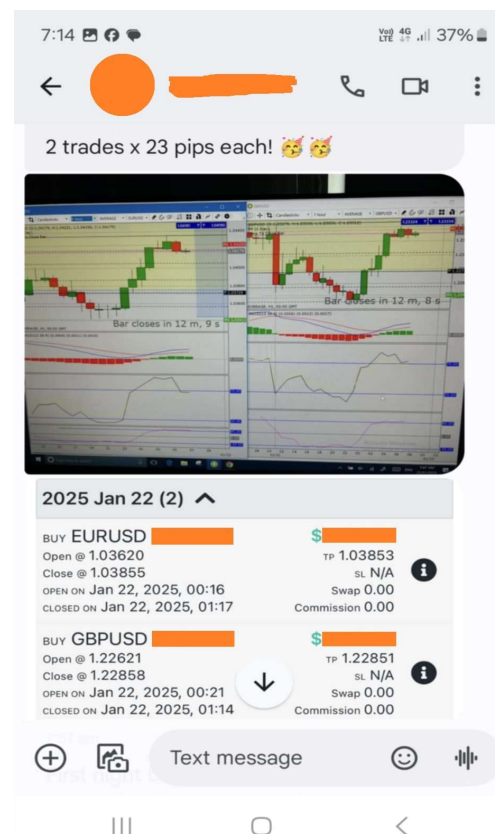


Friday 7<sup>th</sup> February 2025

7 Feb 2025, 12:34

Just closed my biggest week yet with LIFT. +76 for the week on USDJPY. All LIFT Type 3 trades. I use a -6pip SL for USDJPY.  
Friday T3 UJ: 12:15 long off 23%. TP Daily TDM. +18.5

Wednesday 22<sup>nd</sup> January 2025



# Beware of Scams and Schemes

**The Truth is that nobody, more than you, is invested in your success.**

It can be tempting to have someone build your retirement dream for you and it sounds less risky to give your money to someone else with more experience to make you rich. But the truth is that this is exactly how most scammers convince hopeful people to hand over their hard-earned savings, never to be seen again.

*We hate to shatter your dreams, but there is no “quick”, “easy” way to make lasting wealth from trading.*

Trading Success is built exactly the same way success is built everywhere else. Through learning the skills that build success, practising those skills until you become good at it and repeating, reinvesting profits as you go.

It's more sustainable and profitable to engage the services of someone with more skills than you to teach, coach and mentor you to learn how to invest your money yourself if you want to be truly financially independent.

## Common Trading Scams to Look Out For...



### Signal Sellers

Claim to identify favourable times to buy or sell a currency pair based on professional recommendations that will supposedly make anyone wealthy. In reality, they are only moderately effective, most common way to lose money.



### Phishing Scams

Scammers use convincing websites or emails to trick people into giving away their personal information about their trading accounts and then they access your account to steal money. Always check the broker is ASIC registered.



### Ponzi / MLM

Elaborate Modern Pyramid Schemes entice investors with the promise of high returns, who promote to their friends. They use some funds from new investors to pay existing ones. When they've made enough profit off the top, they close down leaving investors with nothing.



### Robots

Promoted automated systems that supposedly predict upcoming market movements but, in reality, are only randomly effective. You must use their broker and your transactions, whether profitable or not, make money for the scheme through commissions on each of your transactions.

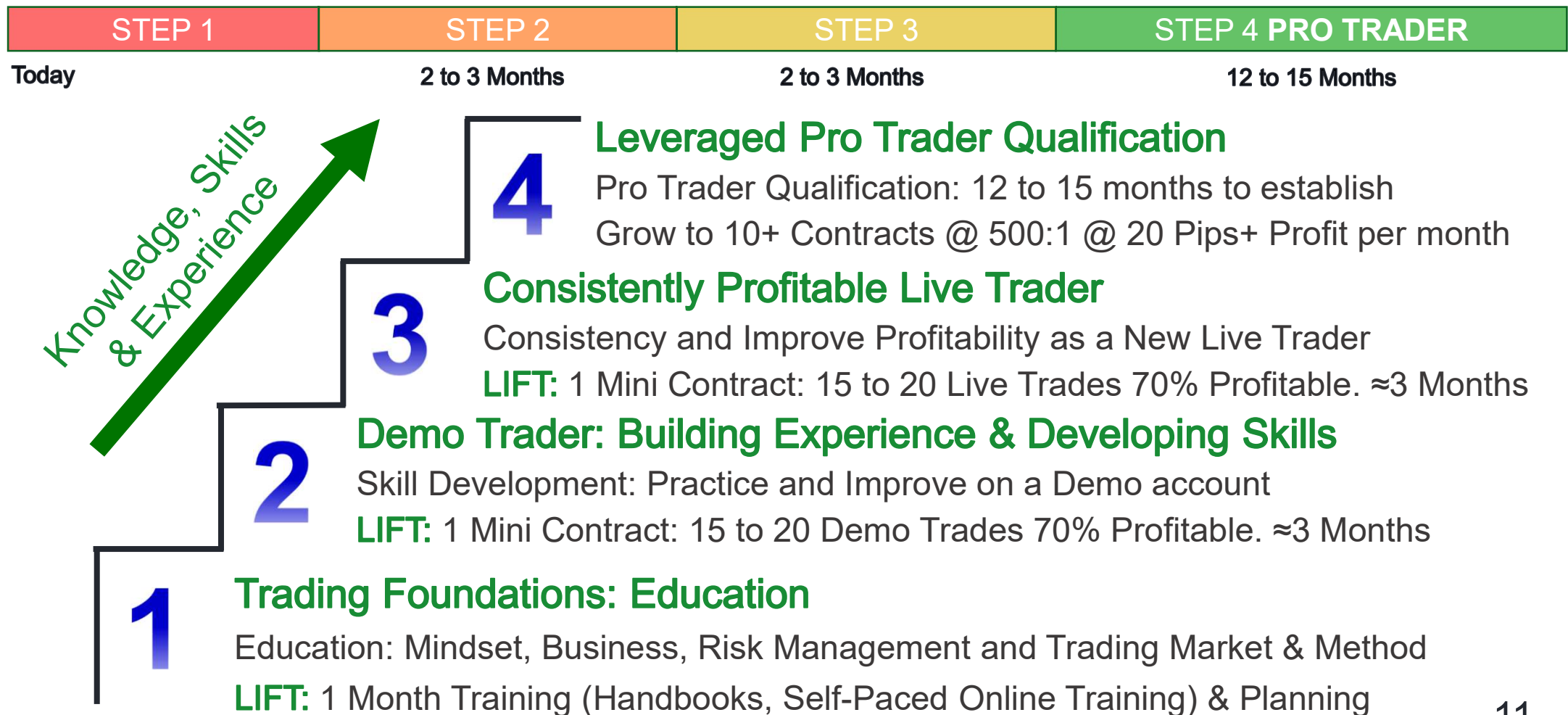
# HOW to Build a Lifestyle Forex Trading Income in 18 to 24+ Months

All of the Experts agree. It's Unwise to rush into Live Trading without having developed the Knowledge, Skills and Consistency to be in the best position to Make a Consistent Live Profit.

All skills take time and practice to develop... All professions have a process of Education, Skill Development, and Mastery, leading to the Best Profit. It makes sense that Trading is the same.

This is an **example** of how to Build a Pro Trader Leveraged Income From Trading.

## An Example of an 18 to 24-Month Step-by-Step Plan...





# An Example of Building a Trading Income

The following is **an example**\* of how some LIFT Flex Traders Build their Lifestyle Trading Income.

In the Education & Skill Development Phase, Retail Trading Leverage is 30:1. Trade Cost is \$700AUD approx. per mini contract.

**Month 1**      **Step 1 Education:** no trading, i.e. no income from trading

**Months 2 to 4** **Step 2 Demo Trading:** trading a demo account to build skills and market experience. i.e. no income from trading

**Months 5 to 7** **Step 3 New Live Trading:**

1 mini contract X approx. 5 to 8 trades per month @ 3 pips net profit each trade X \$1.50 per pip . Profit Potential = \$36 per month.

**Step 4 Live Trading: Pre Qualification** Building Mini Contracts at 30:1 to reach Qualification Phase for Pro Trader and 100:1 Leverage

**Month 8**      1 mini contract \$700 cost, approx. 8 trades per month, 4 pips profit each trade X \$1.50 per pip. Profit Potential = \$48

**Month 9**      2 mini contracts \$1,400 cost, approx. 8 trades per month, 5 pips profit each trade X \$3.00 per pip. Profit Potential = \$120

**Month 10**    5 mini contracts \$3,500 cost, approx. 8 trades per month, 5 pips profit each trade X \$7.50 per pip. Profit Potential = \$300

## Pro Trader Qualification Phase

**Month 11**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 12**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 13**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 14**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 15**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 16**    1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 17**    2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 18**    2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 19**    2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 20**    2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 21**    2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Pro Trader Qualified now 100:1+ Leverage: Trade Cost: \$2,000 approx. per full contract.**

**Month 22+**    8 Full Contracts \$16,000 cost, approx. 8 trades per month X 5 Pips profit each trade X \$120 per pip. Profit Potential \$4,800 per month  
\$4,800 profit per month ÷ \$16,000 investment = 30% Monthly Profit.

## **\*IMPORTANT\***

This is not a guarantee of results, nor a timeframe that will be relevant to all traders. Consider your own personal circumstances when determining Your Goals.

# Your Trading Needs Checklist

To achieve the desired results, first, you should identify what Education, Resources, Support, and Education You Need and their importance in Helping You Grow Your Trading Income.

Please use this Handy Checklist of most of the factors to consider below to choose your options.

- A **Reliable** Local Broker & Trading Platform
- A **Proven Profitable** Trading Method Option
- A **System** that has Produced **Income for Traders**
- A **Clear, Proven Pathway to Success** to Follow
- Easy-to-Use** Education and Support Structures
- Comprehensive **Technical Analysis** Lessons
- Mindset, Strategy, Business Planning** Lessons
- An Active, Supportive, Knowledgeable **Educator**
- An Experienced **Personal Coaching Mentor**
- One-on-One** Coaching and Support

Must Have	Good to Have	Not Needed	LIFT Flex	LIFT Pro
<input checked="" type="checkbox"/>				
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<input checked="" type="checkbox"/>			<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
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<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	12 months	Ongoing

Regardless of the services provided by a coach or mentor, you must accept personal responsibility for your results. No course, coach or mentor will guarantee results, as there are far too many factors that affect performance that are outside our control, including Market Forces and the Activity of the Individual Trader.



## LIFT: Helping Build a Strong Financial Future

### We'll be there to get you up and running

With a comprehensive yet easy-to-follow getting-started program of systemising your investing and trading: strategic development and business planning, our professional coaches will help you get off to a strong start.



### Professional Trader Development

Step-by-Step Business Support & Growth Plans.

Regular Zoom or Phone Individual Coaching Sessions to keep you performing and growing.

Access to a library of on demand online training modules, anytime, anywhere.





# A Day In the Life of a LIFT Investor Pro Trader.

## **Every LIFT Investor Trader Business is as Unique as every Person we work with.**

Individual Goals, time availability and where you are in your journey will determine what you do with your LIFT Trading Business on a daily basis.

## **Your Business Trading Hours**

Trading Hours will depend on your current lifestyle.

If you are working during daytime hours, it is optimal to plan to trade 3 to 4 days per week in 3 to 4-hour sessions per day.

For most Australians, the historically most productive time to trade is during the London morning Session (9.00 am to 12.00 pm GMT). In Eastern Australia, this occurs in the early evening.

This is when (subject to daylight savings) there is generally activity on the London Market, especially when the Market is active and the price is cycling.

If you prefer to trade outside these hours, many people find strong trades on the AUDUSD or USDJPY currency pairs in the Asian / Australian Trading Session.

Alternatively, if you're a night owl, you could trade during the active New York Morning session.

Early morning people can trade the New York Close.

## **Trading Market Analysis**

If you use the LIFT Trading Method, you will first analyse the Major Currency Pairs to look for Bullish and Bearish Pressure indications at key Price Levels on each Pair to find upcoming Trade Entry Hot Spots where the reward exceeds the potential risk.

LIFT Traders use an easy-to-follow Top-Down Analysis worksheet that allows you to analyse the market in as little as 20 to 45 minutes.

## **Trade Entry and Management**

Now that you've identified the strongest potential Hot Spots in the upcoming Trading Session, you monitor the Market to laser focus your High Probability Trade Entry Point to target a 5 pip to 8 pip profit, never risking any more than an average of less than 3 pips on negative trades.

In a productive market, many experienced LIFT Method Traders have produced as many as 10 or more profitable trades in a month, with a 70%+ strike rate, achieving up to 20 pip plus net profits consistently each month at higher leverage levels.

Now that you've taken your daily trade, you can

*Enjoy Life!*



# FAQs

## Q: What is the cost to join LIFT?

**LIFT Flex** 12 Month Membership is \$4900 AUD.

**LIFT PRO** Ongoing Membership is \$9900 AUD

We also suggest a starting investment capital of \$1500 plus to fund your trading account for your initial Trading Investments (after completing your training and demo account trading).

Additional trading funds may fast-track your progress.

**LIFT has no ongoing license or upgrade fees.**

## Q: Do you have a Payment Plan?

Both options have a single upfront payment or 4 month instalment option to make it even easier to get started on your journey!

Carefully evaluate your best option.

We can provide more details about this on request.

## Q: Do you Live Trade in front of clients?

**No.** Australia has a heavily regulated finance industry and some actions are just not allowed for Australian-based Trading Educators and Coaches.

Trading in front of someone is considered providing financial advice and is **not allowed** for Non-AFS Coaches. We do offer hosted Coaching Nights where our coach will walk through their evaluation of the session's market and answer questions.

## Q: Can I get a refund if I change my mind?

Under Australian Consumer Law, businesses are only required to offer refunds or alternatives if they do not provide the services as specified. The LIFT Contract is fulfilled on provision of access to the resources on the first day of membership. We do not offer refunds if you change your mind. **If you have any concerns that this Program may not work for you, please do not apply.**

## Q: How long does it take from lodging my application until I can start trading?

The end-to-end process from application to receiving your welcome pack, including initial education and coaching until you start demo trading can take anywhere from 2 to 4 weeks.

**Please note that not all applications are accepted and are subject to Management Team unanimous approval.**

## Q: Do I need to have trading or investing experience to succeed as a LIFT Trader?

LIFT is focused on help traders with some experience to build the knowledge skills and implement proven strategies to improve their trading with the goal of building a lifestyle income from forex. A desire to be successful, a commitment to follow the training, education and support structures and the commitment to be coached and supported will improve your potential results.

## Q: Can you Guarantee Trading Results?

**It is illegal for Coaches and Educators to provide guarantees or statement of financial claims as the markets can shift and not everyone will achieve the same results, even when following the same processes.** We do provide examples of results generated by our clients on our website. **These are not statements nor guarantees of possible results for you.**

## Q: Can I trade for other people, using LIFT?

LIFT Flex and LIFT Pro include a **Personal** License to invest and trade using our unique methods and strategies for yourself and your immediate family.

**We suggest that traders carefully research prop trading firm opportunities before committing. Review the rules and your legal responsibility, as some opportunities may breach local laws around the provision of licensed Financial Supplies.**

## Q: Do Coaches Coach Traders into Trades?

Under Australian Finance Law, as Non-AFS Coaches, we cannot coach our clients to Buy, Hold or Sell Positions in the Market.

We teach proven strategies and use tools and techniques that have historically been proven to generate positive trades. We can review closed trades by clients to identify development opportunities.

## Q: Can I do LIFT using my own Trading Method?

The LIFT Trading Method has been developed, refined and improved over more than 16 years of real-world use.

Lessons taught in LIFT Investor Trader reflect structures built into The LIFT Trading Method.

If you accept the risks associated with using your trading method, you can use your own method to trade as a LIFT Flex or Pro Trader and apply the business management, trade management, risk management and mindset management techniques within the LIFT Support Program.

We strongly recommend that Traders use a proven profitable Trading Method until they have at least built a consistently growing trading income and have discussed their method options with their dedicated Trading Coach.

## Q: How do I GET STARTED as a New LIFT Investor Trader?

Please click on the link on our website apply for LIFT Flex or LIFT Pro.

Once you have completed your application, you will be able to book an Onboarding Call as your next step.



# LIFT Flex & LIFT Pro Inclusions

Several factors must be considered when choosing the best way forward for you. Is LIFT Flex or LIFT Pro the best Option for You, and (more importantly) what are the **REAL Benefits** of LIFT Investor to you as you Grow Your Lifestyle Income From Trading?

## LIFT Flex's Inclusions

### LIFT Trading Handbooks

- The Business of Trading
- Trading Foundations
- Building Your Trading Business
- Evolving Your Trader's Mindset
- Candlestick Charting
- Chart Patterns
- Trends
- Trading Indicators
- The LIFT Method Indicators and Strategies
- Support Structures
- Effective Trade Analysis

### 12 months Support

- 12 months Members Website Including :
  - Step by Step Self-Paced Online Training Tutorials
  - Library of Professional Trading Tools and Templates
- 12 months One-on-One Zoom or Phone Coaching (1 call per month)

## LIFT Pro's Inclusions

### LIFT Trading Physical Handbook Set

- The Business of Trading
- Trading Foundations
- Building Your Trading Business
- Evolving Your Trader's Mindset
- Candlestick Charting
- Chart Patterns
- Trends
- Trading Indicators
- The LIFT Method Indicators and Strategies
- Support Structures
- Effective Trade Analysis

### Ongoing Support

Unlimited One-on-One Zoom or Phone Coaching (Fair Play Rules apply)

Unlimited Email Coaching

Access to Regular Zoom Workshops & Coaching Nights

Ongoing access to Members Website

- Step by Step Self-Paced Online Training Tutorials & Tools



A person is sitting on a wooden beach chair with a striped cushion, facing away from the camera and looking out at the ocean. The sun is setting, creating a warm, golden glow over the water and sky. The person's shadow is cast on the sand.

# Helping Real Families Become Financially Free & Time Abundant Since 2016.

Founded in 2016, The Trading Coach International was born to serve one purpose:

To Help Real People Build the Lifestyle and Financial Abundance they'll enjoy for the rest of their life.

In the years since we've had the pleasure of adding 100's of members to our program and having a lasting positive impact on their lives.

Whatever Your Background, Previous Experience, or Financial Goals... We Can Help You Develop the Knowledge and Skills to Get On Track.

We've worked with aspiring Investors & Traders from all walks of life, and our LIFT Member Results are proof that education, proven strategies and support from a committed team produces Successful Traders.

This is why LIFT helps you build your *personalised pathway* that's made **just for you**.

# The Steps to becoming a LIFT Investor Trader.

Carefully consider your options before making any decisions.

If relevant, seek third party advice from a qualified advisor.

If You have any concerns that this option may not suit your needs, **do not apply**.

We cannot provide refunds for change of mind.

If you're ready to apply to join LIFT, get in touch and we'll take you through the steps.

The process generally takes about 1-2 weeks before you could be ready to start your future as a LIFT Investor Trader.

We are only accepting a **maximum of 20** new LIFT Traders.

Once these spots have been filled, we will no longer accept new members.

If You're Ready to Get Started, Click the Apply for LIFT Buttons on our website.

- 1 Connect with us
- 2 Consider the Suitability of LIFT
- 3 Discuss Your Goals with our Coach
- 4 Complete Your Application
- 5 Fund Your LIFT Investment
- 6 Receive Your Starter Kit
- 7 Start Building Your Lifestyle Income From Trading!



Begin your journey today

*We ALL Succeed Together!*

Please get in touch when you're ready to join the LIFT Community.

## IMPORTANT

The information and strategies on the Trading Coach websites and in LIFT coaching materials are historical and researched proven strategies.

Information is general in nature and is **NOT** general nor personal financial product advice. It does not take into account your objectives, financial situation or needs.

Before acting on any information, you should consider the appropriateness of the information provided and the nature of the relevant financial product having regard to your objectives, financial situation and needs.

Trading Leveraged Investments such as Currency Trading involves risk, including the risk of losing money.

**The licensing of the LIFT Investment Strategies is not a guarantee of success. Nobody can guarantee positive results in trading. If this concerns you, Do not apply.**

As with all businesses, the individual is responsible for their results and no guarantees or warranties are provided.

Carefully consider your goals and circumstances before taking any action.

The Trading Coach International is an Education and Coaching Organisation and does not currently hold an AFS Licence.

As such does not and will not provide specific information, general advice nor specific advice.

We always recommend individuals seek financial advice from a qualified and accredited financial advisor before participating in this, or any other business, education or coaching program.

**If you have any concerns over the suitability of this program or course of study, do not apply. We cannot a change of mind refund after 48 hours after you join LIFT.**