



# The LIFT Forex Trading Program Guide

Are You Ready  
to Build a Stronger  
Financial Future?

July 2025



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# Trading Profitably Doesn't Have to Be Difficult

## Tired of The Rat Race and Want a Brighter Financial Future?

You've heard of people who are making a Lifestyle Income from Investing & Trading and you really want to leave the daily grind of home to work and work to home, trying to *squeeze* in a lifestyle, behind...

Imagine providing a Brighter Financial Future for your family... where your hard work has paid off and Money Works for You.

A future where your children or grandchildren have the best education and opportunity for life and where you can enjoy life free from financial worry.

The Truth is that You CAN turn this desire into a **profitable, sustainable home business** in your spare time – **in as little as 6 to 8 hours per week in as little as 12 to 24 months.**

This will take effort, focus and investment.

This Strategy Guide will help you understand the opportunity of forex trading and how You can Build a Full-Time Income.



# Why LIFT Works

For over 8 years, we've been guiding everyday Australians toward Forex Trading Success.

## What makes LIFT different?

- **Personalised Coaching:** We tailor each Mentoring program to your unique strengths, challenges and goals.
- **Supportive Team:** You're never alone—we're here to support you.
- **Proven Systems:** Designed for people without the advantage of a "natural talent" for trading.
- **Focused Education** – We Teach What Works to Get Results.

With LIFT, your focus is to develop the skills, mindset, and strategies to create a **profitable, sustainable business** from trading.

## Redefining Retirement in the 21st Century

Forget the old rules of retirement—it's no longer about age; it's about **achieving financial stability**.

More and more people in their 40s and 50s are realising they don't have to wait decades to enjoy life.

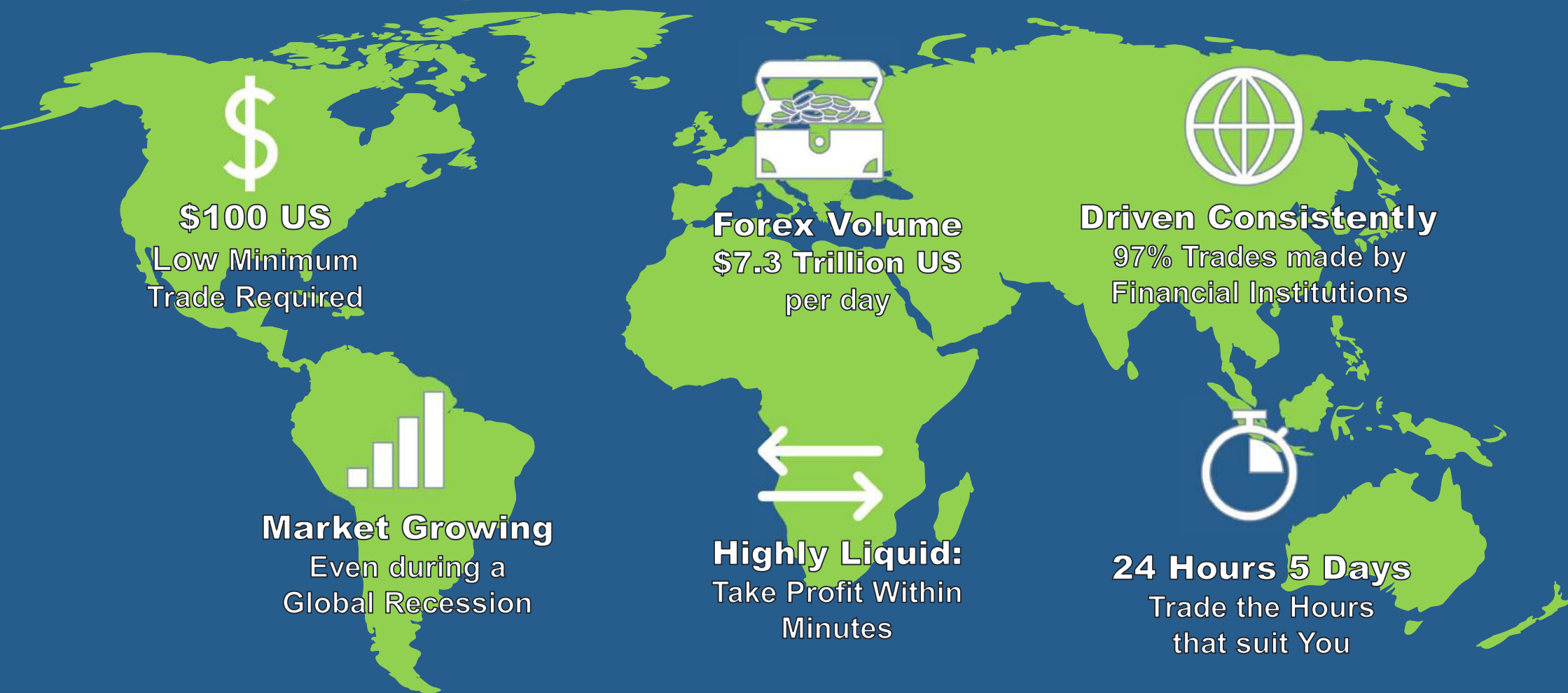
By building a secure financial foundation **now**, you can:

- **Fast-Track Your Retirement.**
- Enjoy Life While You're Healthy.
- Create a Legacy for Your Family.

If you're ready to invest your time over the next 12 to 24 months, **LIFT** can help you develop the freedom you've been searching for.



# Forex Trading at a Glance



Forex Trading is a fast-growing home-based business opportunity.

The currency market **drives** the global economy. Even in uncertain economic conditions, **You Can Build an Income From Trading** off the back of this highly profitable market.



# HOW Forex Trading Works

## Fundamental Analysis

Factors such as Employment, Manufacturing Interest Rates & Import / Export Ratio Affect the Strength of a Currency



Strong



Weak



Strong



Strong

= Stronger Currency

## Technical Analysis



## Traders Buy and Sell Currency Contracts With Each Other

The Values of Currencies Fluctuate every second based on Market Supply and Demand.

Traders Trade Contracts on One Currency Against the Value of another in a “**Currency Pair.**”

Traders then Buy and Sell Contracts Depending on Whether they think that value will Rise or Fall.

e.g. GBPUSD is 1 British Pound = ? US Dollars

Say, for example, the GBPUSD is \$1.3329

This means if you Buy the GBPUSD at \$1.3329 and you Sell at \$1.3339, you've made a **10 pip** profit.

## Exchanging

On a Small Scale, you may have traded already when you travelled overseas and waited until the AUD moved up to get more local currency to spend.



## Trading

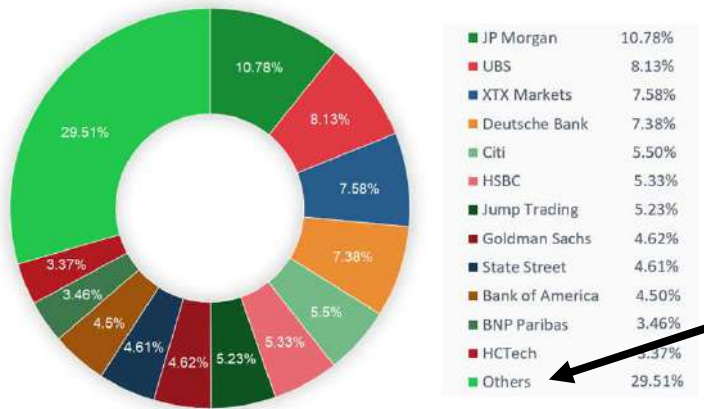
On an Investing Scale, with Leverage, Traders make these trades with larger sums of money on a regular basis to make a profit on these regular price fluctuations.



# Ever Get The Feeling They're Not Telling You Something?

## WHO Actually Makes Money Trading Forex?

Euromoney FX Survey **\$11.8 Trillion AUD per day**



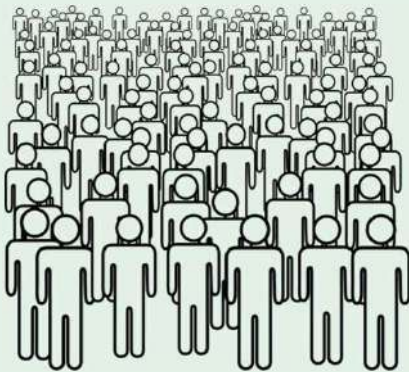
### Others

- Smaller Banks – CBA NAB etc.
- Private Hedge Funds
- Superannuation Funds
- Retail Brokers for HNW Clients
- Private Traders like us

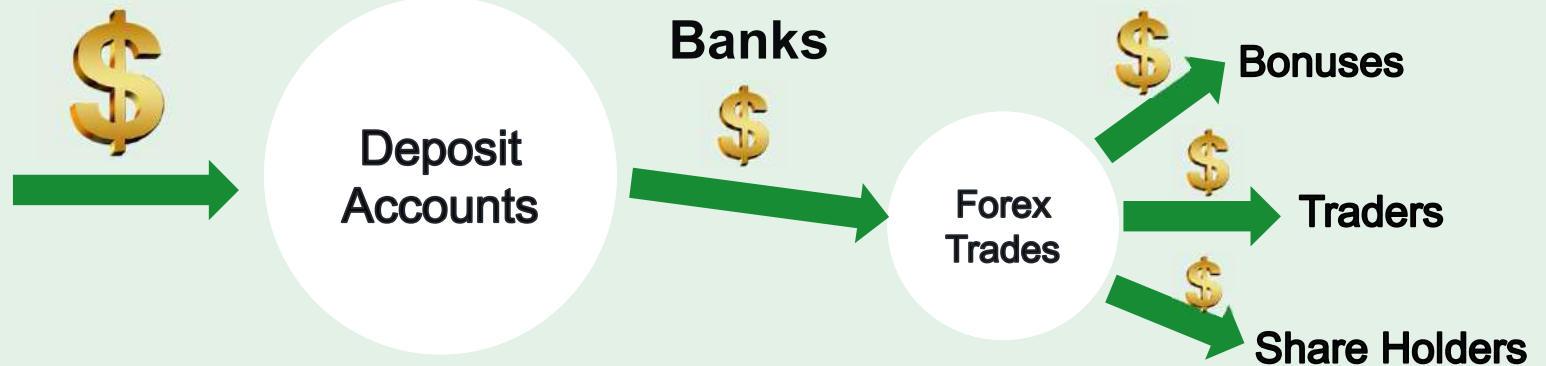
It's estimated that most Major Banks make up to **30%** of their Total Annual Income from Forex Trading.

**That's PROFIT they're making from Bank Customers' MONEY...**

**YOU: Bank Customers**



## HOW Do They Do It?



**Your Money is Already Being Traded on the Forex Market....**

Just **NOT** for **YOUR** Benefit

# The **FACTS** About Forex Trading Failure & Success

Approximately 300,000 Australians Trade (only 1.1% of the Population)

Around 100,000 Australians Trade **Forex** (0.37% of Pop.)

Studies show approx. **10%** of Forex Traders Worldwide are Profitable. (10,000 Aussies)

Unlike most of the world, 100:1+ Leveraged Trading in Australia is Available to “Pro Traders”.

There are trading volumes, a knowledge test & an income/asset tests to qualify for Pro Trader.

A “Lifestyle Income” for most Australian-based Traders **requires** access to Pro Trader leverage.

**LIFT Flex and LIFT Pro are Guided Pro Trader Qualification Programs.**

## The **REALITY** of Forex Results

So, How  
Do YOU  
Get Here?



## How Can YOU Achieve Pro Trader Status?

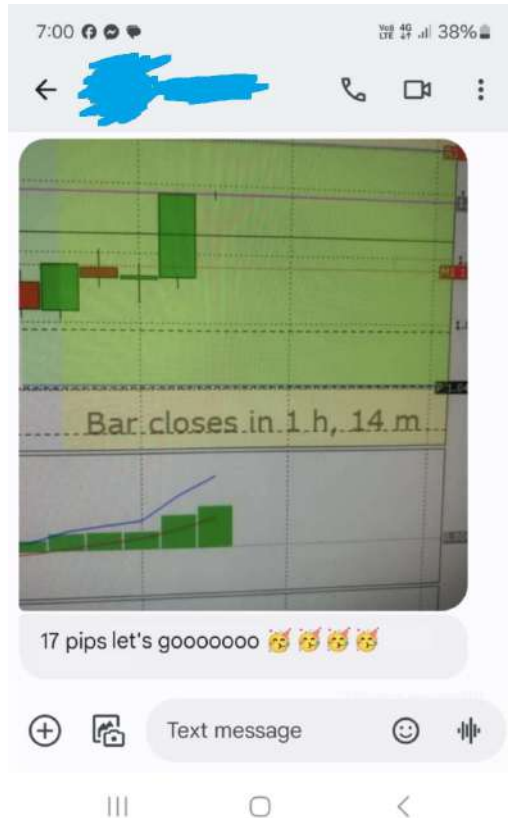
- Have a Clear, Reality-Based Focus or Plan
- Be Educated in **Mindset, Technical & Business**
- Your First Priority is to **Protect Your Capital**
- Use a **High Probability** Trading Method
- Focus on **Consistency** and **Profitability**
- Take Your Time – This is **not** Get Rich Quick
- Get Targeted **One-on-One** Coaching
- Use Strong **Accountability** and **Support** Structures



# Some Recent LIFT Trader Results

Trades shown below are as submitted by LIFT Investor Traders.  
Only Personal Identification and Proprietary Strategies have been obscured.

Tuesday 4<sup>th</sup> March 2025



## PLEASE NOTE

These are some examples of  
Trades taken by LIFT Investor  
Traders using the LIFT Trading  
Method included in this program  
**This is not a guarantee of return.**

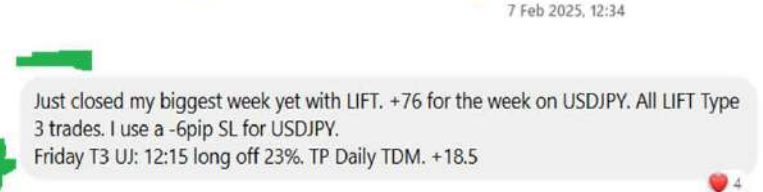
Tuesday 25<sup>th</sup> February 2025



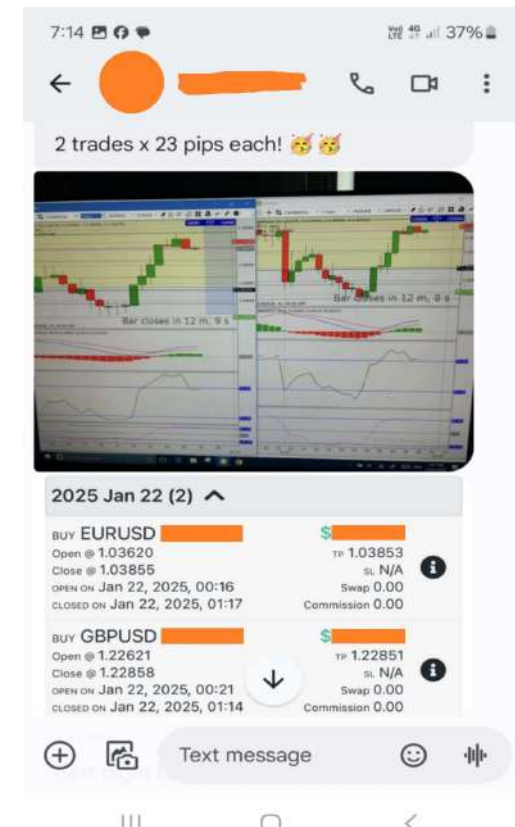
Tuesday 11<sup>th</sup> February 2025



Friday 7<sup>th</sup> February 2025



Wednesday 22<sup>nd</sup> January 2025



# Beware of Scams and Schemes

The Truth is that some “bad faith players” want to steal your money.

It can be tempting to have someone build your retirement dream for you and it sounds less risky to give your money to someone else with more experience to make you rich. But the truth is that this is exactly how most scammers convince hopeful people to hand over their hard-earned savings, never to be seen again.

*We hate to shatter your dreams, but there is no “quick”, “easy” way to make lasting wealth from trading.*

Trading Success is built exactly the same way success is built everywhere else. Through learning the skills that build success, practising those skills until you become good at it and repeating, reinvesting profits as you go.

It's more sustainable and profitable to engage the services of someone with more skills than you to teach, coach and mentor you to learn how to invest your money yourself if you want to be truly financially independent.

## Common Trading Scams to Look Out For...



### Signal Sellers

Claim to identify favourable times to buy or sell a currency pair based on professional recommendations that will supposedly make anyone wealthy. In reality, they are only moderately effective, most common way to lose money.



### Phishing Scams

Scammers use convincing websites or emails to trick people into giving away their personal information about their trading accounts and then they access your account to steal money. Always check the broker is ASIC registered.



### Ponzi / MLM

Elaborate Modern Pyramid Schemes entice investors with the promise of high returns, who promote to their friends. They use some funds from new investors to pay existing ones. When they've made enough profit off the top, they close down leaving investors with nothing.



### Robots

Promoted automated systems that supposedly predict upcoming market movements but, in reality, are only randomly effective. You must use their broker and your transactions, whether profitable or not, make money for the scheme through commissions on each of your transactions.

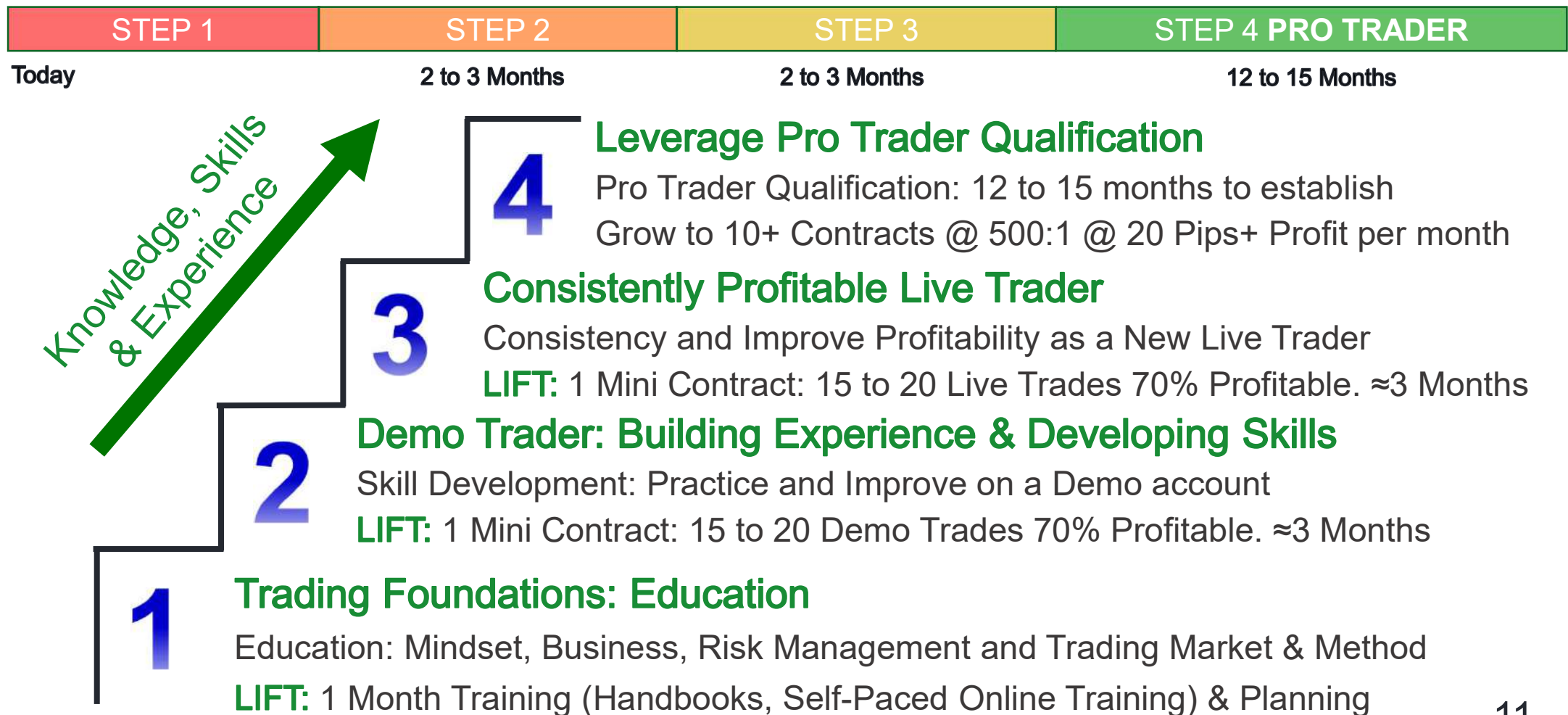
# HOW to Build a Lifestyle Forex Trading Income in 18 to 24+ Months

All of the Experts agree. It's Unwise to rush into Live Trading without having developed the Knowledge, Skills and Consistency to be in the best position to Make a Consistent Live Profit.

All skills take time and practice to develop... All professions have a process of Education, Skill Development, and Mastery, leading to the Best Profit. It makes sense that Trading is the same.

This is an **example** of how to Build a Pro Trader Leveraged Income From Trading.

## An Example of an 18 to 24-Month Step-by-Step Plan...





# An Example of Building a Trading Income

The following is ***an example***\* of how some LIFT Flex or LIFT Pro Traders Build their Lifestyle Trading Income.

In the Education & Skill Development Phase, Retail Trading Leverage is 30:1: Trade Cost is approx. \$700AUD per mini contract.

**Month 1**      **Step 1 Education:** no trading, i.e. no income from trading

**Months 2 to 4** **Step 2 Demo Trading:** trading a demo account to build skills and market experience. i.e. no income from trading

**Months 5 to 7** **Step 3 New Live Trading:**

1 mini contract X approx. 5 to 8 trades per month @ 3 pips net profit each trade X \$1.50 per pip . Profit Potential = \$36 per month.

**Step 4 Live Trading: Pre Qualification** Building Mini Contracts at 30:1 to reach Qualification Phase for Pro Trader and 100:1 Leverage

**Month 8**      1 mini contract \$700 cost, approx. 8 trades per month, 4 pips profit each trade X \$1.50 per pip. Profit Potential = \$48

**Month 9**      2 mini contracts \$1,400 cost, approx. 8 trades per month, 5 pips profit each trade X \$3.00 per pip. Profit Potential = \$120

**Month 10**     5 mini contracts \$3,500 cost, approx. 8 trades per month, 5 pips profit each trade X \$7.50 per pip. Profit Potential = \$300

## Pro Trader Qualification Phase

**Month 11**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 12**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 13**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 14**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 15**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 16**     1 full contract, \$7,000 cost approx. 8 trades per month, 5 pips profit each trade X \$15.00 per pip. Profit Potential = \$600

**Month 17**     2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 18**     2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 19**     2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 20**     2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Month 21**     2 full contracts, \$14,000 cost approx. 8 trades per month, 5 pips profit each trade X \$30.00 per pip. Profit Potential = \$1,200

**Pro Trader Qualified now 100:1+ Leverage: Trade Cost: \$2,000 approx. per full contract.**

**Month 22+**     8 Full Contracts approx. \$16,000 cost, 8 trades per month X 5 Pips profit each trade X \$120 per pip. Profit Potential \$4,800 month  
\$4,800 profit per month ÷ \$16,000 investment = 30% Monthly Profit.

## **\*IMPORTANT\***

This is not a guarantee of results, nor a timeframe that will be relevant to all traders. Consider your own personal circumstances when determining Your Goals.

# Your Trading Needs Checklist

To achieve the desired results, first, you should identify what Education, Resources, Support, and Education You Need and their importance in Helping You Grow Your Trading Income.

Please use this Handy Checklist of most of the factors to consider below to choose your options.

- A **Reliable** Local Broker & Trading Platform
- A **Proven Profitable** Trading Method Option
- A **System** that has Produced **Income for Traders**
- A **Clear, Proven Pathway to Success** to Follow
- Easy-to-Use** Education and Support Structures
- Comprehensive **Technical Analysis** Lessons
- Mindset, Strategy, Business Planning** Lessons
- An Active, Supportive, Knowledgeable **Educator**
- An Experienced **Personal Coaching Mentor**
- One-on-One** Coaching and Support

Must Have

Good to Have

**LIFT**  
**Flex**

**LIFT**  
**Pro**



**4 calls**

**12 months**  
**2 calls per month**

Regardless of the services provided by a coach or mentor, you must accept personal responsibility for your results. No course, coach or mentor will guarantee results, as there are far too many factors that affect performance that are outside our control, including Market Forces and the Activity of the Individual Trader.



## LIFT: Helping Build a Strong Financial Future

### We'll be there to get you up and running

With a comprehensive yet easy-to-follow getting-started program of systemising your investing and trading: strategic development and business planning, our professional coaches will help you get off to a strong start.



### Professional Trader Development

Step-by-Step Business Support & Growth Plans.

Regular Zoom Individual Coaching Sessions to keep you performing and growing.

Access to a library of on demand online training modules, anytime, anywhere.





# A Day In the Life of a LIFT Trader.

## Every LIFT Trader Business is as Unique as every Person we work with.

Individual Goals, time availability and where you are in your journey will determine what you do with your LIFT Trading Business on a daily basis.

## Your Business Trading Hours

Trading Hours will depend on your current lifestyle.

If you are working during daytime hours, it is optimal to plan to trade 3 to 4 days per week in 3 to 4-hour sessions per day.

For most Australians, the historically most productive time to trade is during the London morning Session (9.00 am to 12.00 pm GMT).

In Eastern States, this occurs in the early evening.

This is when (subject to daylight savings) there is generally activity on the London Market, especially when the Market is active and the price is cycling.

If you prefer to trade outside these hours, many people find strong trades on the AUDUSD or USDJPY currency pairs in the Asian / Australian Trading Session.

Alternatively, if you're a night owl, you could trade during the active New York Morning session.

Early morning people can trade the New York Close.

## Trading Market Analysis

If you use the LIFT Trading Method, you will first analyse the Major Currency Pairs to look for Bullish and Bearish Pressure indications at key Price Levels on each Pair to find upcoming Trade Entry Hot Spots where the Reward exceeds the potential risk.

LIFT Traders use an easy-to-follow Top-Down Analysis worksheet that allows you to analyse the market in as little as 20 to 45 minutes.

## Trade Entry and Management

Now that you've identified the strongest potential Hot Spots in the upcoming Trading Session, you monitor the Market to laser focus your High Probability Trade Entry Point to target a 5 pip to 8 pip profit, never risking any more than an average of less than -2 to -3 pips on negative trades.

In a productive market, many experienced LIFT Method Traders have produced as many as 10 or more profitable trades in a month, with a 70%+ strike rate, achieving up to 30 pip plus net profits consistently each month at higher leverage levels.

Now that you've taken your daily trade, you can

*Enjoy Life!*

# LIFT Flex

Suits New Traders who are focused on their Education **before** working with a Coach.

## LIFT Flex Membership: \$1900

### 5 Private 1-on-1 Zoom Coaching Calls

Your Personal Experienced Trading Coach / Mentor will Guide you as You Develop Your Plan, Improve Your Skills and Leverage into a Growing Trading Income.

### LIFT Trading Digital Handbooks

- The Business of Trading
- Trading Foundations
- Building Your Trading Business
- Evolving Your Trader's Mindset
- Candlestick Charting
- Chart Patterns
- Trends
- Trading Indicators
- The LIFT Method Indicators and Strategies
- Support Structures
- Effective Trade Analysis

### Self-Paced Online Training Video Tutorials

LIFT's 200+ Video Tutorials:

- How the Market Works
- Using the LIFT Trading Method
- Risk Management
- The Process of Building a Trading Income
- Developing the Mindset of a Profitable Trader
- Analysing and Improving Trade Results



# LIFT FLEX

## Profit-Focused Forex Trading Program

- 3 Comprehensive Step-by-Step Digital Handbooks
- Access to 200+ Easy-to-Follow Video Tutorials
- Proven Profitable LIFT Trading Method
- Professional Trading Tools and Templates



## Includes 5 Focused 1-on-1 Coaching Calls



# LIFT Pro Inclusions

Several factors must be considered when choosing the best way forward for you. Is LIFT Pro the best Option for You, and (more importantly) what are the **REAL Benefits** of LIFT Pro Coaching to you as you Grow Your Lifestyle Income From Trading?

## LIFT Pro Membership: \$4900

Suits Committed Traders who want to Optimise their Profits.

### 12 months Coaching and Mentoring Support

- 12 months One-on-One Zoom Coaching with our Lead Trading Coach **(2 private Zoom calls every month)**

### LIFT Trading Handbooks

- The Business of Trading
- Building Your Trading Business
- Candlestick Charting
- Trading Market Trends
- Support Structures
- The LIFT Method Indicators and Strategies
- Trading Foundations
- Evolving Your Trader's Mindset
- Chart Patterns
- Trading Technical Indicators
- Effective Trade Analysis

### Self-Paced Online Training Video Tutorials

LIFT's 200+ Comprehensive, Targeted Video Tutorials:

- On Demand: whenever and wherever suits you
- Covers Technical Analysis, Mindset, Planning & Strategy
- Sustainable, Profit-Focused & Step-by-Step

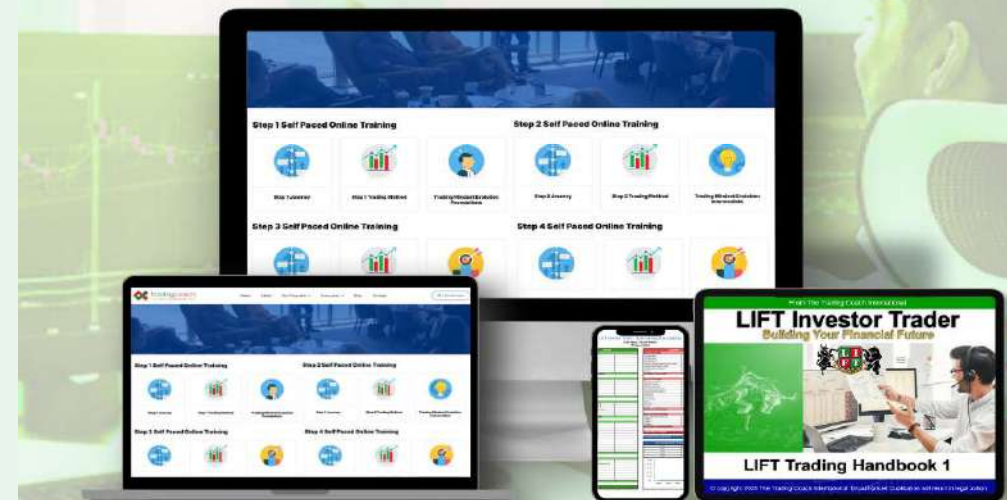
**Exclusive Use of our Profitable LIFT Trading Method**



## LIFT PRO

### 12 Month Forex Trading 1-on-1 Mentoring Program

- 3 Comprehensive Step-by-Step Digital Handbooks
- Access to 200+ Easy-to-Follow Video Tutorials
- Proven Profitable LIFT Trading Method
- Professional Trading Tools and Templates



**Includes 2 Monthly  
1-on-1 Coaching Calls**



A person is seen from behind, sitting on a wooden beach chair with a striped cushion. They are on a sandy beach, looking out at the ocean under a sunset sky. The sun is low on the horizon, creating a warm, golden glow. The person's shadow is cast on the sand.

# Helping Real Families Become Financially Free & Time Abundant Since 2016.

Founded in 2016, The LIFT Trading Education and Coaching Programs were born to serve one purpose:  
To Help Real People Build the Lifestyle and Financial Abundance they'll enjoy for the rest of their life.

In the years since we've had the pleasure of adding 100's of members to our program and having a lasting positive impact on their lives.

Whatever Your Background, Previous Experience, or Financial Goals... We Can Help You Develop the Knowledge and Skills to Get Your Trading On Track.

We've worked with aspiring Investors & Traders from all walks of life, and our LIFT Member Results are proof that education, proven strategies and support from a committed team produces Successful Traders.

This is why LIFT's Flex, Pro and Pro Plus help you build your *personalised pathway* that's made **Just for You.**

# The Steps to becoming a LIFT Trader.

Carefully consider your options before making any decisions.

If relevant, seek third party advice from a qualified advisor.

If You have any concerns that this option may not suit your needs, **do not apply**.

We cannot provide refunds for change of mind.

If you're ready to apply to join LIFT, Click the Apply for LIFT Buttons on our website or in the email you received.

The process generally takes only 48 hours before you could be ready to start your future as a LIFT Investor Trader.

**Please Note: We only accept a maximum of 1 new LIFT Pro Member per calendar month.**

Once this spot has been filled, LIFT Pro Membership is closed until the next month.

- 1 Connect with us
- 2 Consider the Suitability of LIFT Flex or LIFT Pro
- 3 Discuss Your Goals with our Coach
- 4 Complete Your Application
- 5 Fund Your LIFT Investment
- 6 Receive Your Starter Kit
- 7 Start Building Your Lifestyle Income From Trading!



# FAQs

## Q: What is the cost to join LIFT?

**LIFT Flex** Ongoing Education is \$1900 AUD.

**LIFT Pro** 12 Month Education and Coaching is \$4900.

We also suggest a starting investment capital of \$1500 plus to fund your trading account for your initial Trading Investments (after competing your training and demo account trading).

Additional trading funds may fast-track your progress.

**LIFT has no ongoing license or upgrade fees.**

## Q: Do you have a Payment Plan?

LIFT Flex has a single upfront or 2 equal monthly option. LIFT Pro has a single upfront payment or 4 equal monthly instalment option to make it even easier to get started on your journey!

Carefully evaluate your best option.

We can provide more details about this on request.

## Q: Do you Live Trade in front of clients?

**No.** Australia has a heavily regulated finance industry and some actions are just not allowed for Australian-based Trading Educators and Coaches.

Trading in front of someone is considered providing financial advice and is **not allowed** for Non-AFS Coaches.

We do offer hosted Coaching Nights where our coach will walk through their evaluation of the session's market and answer questions.

## Q: Can I get a refund if I change my mind?

Under Australian Consumer Law, businesses are only required to offer refunds or alternatives if they do not provide the services as specified. The LIFT Contract is fulfilled on provision of access to the resources on the first day of membership. We do not offer refunds if you change your mind. **If you have any concerns that this Program may not work for you, please do not apply.**

## Q: How long does it take from lodging my application until I can start trading?

The end-to-end process from application to receiving your welcome pack, including initial education and coaching until you start demo trading can take anywhere from 2 to 4 weeks.

**Please note that not all applications are accepted and are subject to Management Team unanimous approval.**

## Q: Do I need to have trading or investing experience to succeed as a LIFT Trader?

LIFT is focused on help traders who have a Live Trading account with some experience to build the knowledge skills and implement proven strategies to improve their trading with the goal of building a lifestyle income from forex. A desire to be successful, a commitment to follow the training, education and support structures and the commitment to be coached and supported will improve your potential results.

## Q: Can you Guarantee Trading Results?

**It is illegal for Coaches and Educators to provide guarantees or statement of financial claims as the markets can shift and not everyone will achieve the same results, even when following the same processes.** We do provide examples of results generated by our clients on our website. **These are not statements nor guarantees of possible results for you.**

## Q: Can I trade for other people, using LIFT?

LIFT Flex and LIFT Pro include a **Personal** License to invest and trade using our unique methods and strategies for yourself and your immediate family.

**We suggest that traders carefully research prop trading firm opportunities before committing. Review the rules and your legal responsibility, as some opportunities may breach local laws around the provision of licensed Financial Supplies.**

## Q: Do Coaches Coach Traders into Trades?

Under Australian Finance Law, as Non-AFS Coaches, we cannot coach our clients to Buy, Hold or Sell Positions in the Market.

We teach proven strategies and use tools and techniques that have historically been proven to generate positive trades. We can review closed trades by clients to identify development opportunities.

## Q: Can I do LIFT using my own Trading Method?

The LIFT Trading Method has been developed, refined and improved over more than 16 years of real-world use.

Lessons taught in LIFT Investor Trader reflect structures built into The LIFT Trading Method.

If you accept the risks associated with using your trading method, you can use your own method to trade as a LIFT Flex or LIFT Pro Trader and apply the business management, trade management, risk management and mindset management techniques within the LIFT Flex and LIFT Pro Support Programs.

We strongly recommend that Traders use a proven profitable Trading Method until they have at least built a consistently growing trading income and have discussed their method options with their dedicated Trading Coach.

## Q: How do I GET STARTED as a New LIFT Trader?

Trading Forex in Australia is highly regulated and difficult to enter. To ensure value, we can only work with Traders who have an active **LIVE** Trading Account.

Please click on the link on our website apply [LIFT Flex](#) or [LIFT Pro](#).

Once you have completed your application, you will be able to book an Onboarding Call as your next step.





Begin your journey today

*We ALL Succeed Together!*

Please get in touch when you're ready to join LIFT.

## IMPORTANT

The information and strategies on the Trading Coach websites and in LIFT coaching materials are historical and researched proven strategies.

Information is general in nature and is **NOT** general nor personal financial product advice. It does not take into account your objectives, financial situation or needs.

Before acting on any information, you should consider the appropriateness of the information provided and the nature of the relevant financial product having regard to your objectives, financial situation and needs.

Trading Leveraged Investments such as Currency Trading involves risk, including the risk of losing money.

**The licensing of the LIFT Investment Strategies is not a guarantee of success. Nobody can guarantee positive results in trading. If this concerns you, Do not apply.**

As with all businesses, the individual is responsible for their results and no guarantees or warranties are provided.

Carefully consider your goals and circumstances before taking any action.

The Trading Coach International is an Education and Coaching Organisation and does not currently hold an AFS Licence.

As such does not and will not provide specific information, general advice nor specific advice.

We always recommend individuals seek financial advice from a qualified and accredited financial advisor before participating in this, or any other business, education or coaching program.

**If you have any concerns over the suitability of this program or course of study, do not apply. We cannot a change of mind refund after 48 hours after you join LIFT.**